



*The previously highly regarded Team Cambridge Newsletter – July 2010*

*(incorporating Mud Munchers Monthly, the Tarmac Terriers Tribune and a load of other stuff)*

## Phew, what a Scorcher!

### ***Tarmac-melting performance by Team Cambridge hero!***

Sunday 27<sup>th</sup> June produced a memorably hot day, in contrast to the previous year's freezing fog, with the previous (2008) winner Ken Platts being challenged strongly by various hotshots from Team PedalRevolution, not least Andy Bason.

Charlie's marshalling p.b. was untouched with a 2½ hour early shift and a bit of extra time on the roundabout, but this was outclassed by Trevor Avis's manly double shift totalling over 5 hours in the sun - sunhats off to him! On a technical note, it seems that steel-framed picnic chairs have yet to be usurped by the ubiquitous carbon fibre, but this can only be a matter of time.

Our own Tony Clarke, just back from holiday but being a redhead a prime target for the blazing sunshine, was seen going well in the early stages with a Camelbak for company, in comparison to a trike spotted loaded with at least 5 bidons on board. Tony's comments on the day:-

*"A nice warm day with almost no wind. I still had the remnants of a chest cold which affected my breathing for the first twenty miles, but I got better after that. I was only just achieving 20 mph for the first hour but then I improved as I have not been outside five hours for many years.*

*Unfortunately Tom Platts was hit by a car as he was riding to the finish after supporting his father and was taken to Addenbrooke's with a broken vertebra."*

Most of us will have seen Tom at our Wednesday evening events where he has been a regular competitor and this accident is a sad end to an otherwise excellent day's racing. As a cyclist and racer, he is "part of the family" and we wish him the very best for a complete and speedy recovery.

Some results from Tony's notes:-

Andy Bason	Team Pedalrevolution.co.uk V	3:37.16	1st Fastest
Nick Bowdler	Team Pedalrevolution.co.uk V	3:41.17	2nd Fastest
Mark Arnold	Team Pedalrevolution.co.uk S	3:41.48	3rd Fastest
Ken Platts	Cambridge C.C. V	3:50.55	4th Fastest
Antony Stapleton	Chelmer C.C. V	3:51.14	5th Fastest
Sue Fenwick	Cult Racing	4:18' 27"	
Tony Clarke	Team Cambridge	4:44' 41"	
Peter Horsnell	Chelmer CC	5:01' 27" (aged 80!)	

*(Space reserved for photos; applicants with camera please apply to the Editor.)*



A closer examination reveals that the new bike is an old Once TCR frame with a difference, insomuch that the original paint scheme has been replaced with a rather special, if not frightening, custom paint job. It is not until you get up close that the full spectre of the black and white colour scheme becomes apparent and it seems it has been designed to scare other competitors with its unique skull design.

Once up close you will also notice this is frame upgrade with all of Peter's old running gear still in evidence albeit he is now running a larger 50 tooth front chain ring, he must be feeling he is getting stronger. Le Twiglet said he was very happy with the new bike and that "it was much lighter than the old one", when quizzed where it came from he said "dad got it off ebay".

With Peter now on his new Giant, news is seeping out that the trusty Trek has not been sent to the re-cycling centre, but has found a new home in the Denney household where Simon has built it up for his 11 year old daughter Charlotte.



It appears that Charlotte may be a force to be reckoned with, as Simon was heard commenting that when he was setting up Charlotte's position, he had her go on the turbo trainer and found she was such a smooth rider that "it sounded like it was being driven by an electric motor"! He is now worried because when he looked she was doing a steady 22 mph without much effort, obviously a chip off the old block, you will need to watch your back there Simon...

But before we go I thought I would update you on a couple of things:-

Simon Bowden's 'race wheels' we reported on last month where Si B broke a spoke and sent them off for repair and are still not sorted 😞 ; his fancy wheels don't use common or garden spokes, they have 'special' ones that are hewed from Pegasus's mane for superior aerodynamics or something like that, and as you can imagine it is very difficult to get a Pegasus to give up some of her mane and so he is still waiting for their return. But that is the least of his woes, he is now hearing creaks from his cranks; so putting on his Captain Spanner Man outfit he grabbed his tools and attempted to take them off and see what the problem was.

However his superior strength overwhelmed the Allen bolt and shredded the head 😞 😞. Fortunately after consulting some of his buddies he has found the root of the problem, chain ring bolts, some of the pesky little bleeders had come loose but are now all sorted 😊 - well nearly...

*(Had a similar problem myself last year and forked out for a new BB before kind brother pointed out that the pedals needed tightening on the crank arms - Ed)*

Also I reported on Angela's new steed, apparently all is not well, whilst it is a really nice ride particularly corners it is causing a little discomfort, unbeknown to Angela her new steed wasn't set up properly! She recently discovered it is fitted with 165mm cranks whereas her trusty SCR Giant is running 170s. So if anyone has a set of 170s give her a call...

from



THE



## Mud Munchers' Monthly

Kev's own report from the muddy end *(with lots of room for photos...):-*

**Mud Sweat and Gears- Round 2 Thetford. 13<sup>th</sup> June 2010**

After spending quite a bit of time on the road bike I thought it was time to head back into the trees. So I signed myself up for the second round of the mud, sweat and gears series. I hadn't raced the MTB since the battle of the Somme also known as the winter series round four at Tunstall. How hard could it be?

A 1pm start on a warm sunny Sunday afternoon saw what seemed like an even faster than usual blistering start of a 7 lap race. I got round the first of the 4 mile laps in 15 minutes but the speed was taking its toll on my road softened legs. I soon settled down to a steady pace that got me round the firm dry course in around 18 minutes a lap to a final placing of 37<sup>th</sup> out of a field of 62 vets.

In the vets category Jeff Sharp (Ben Hayward OTH) took the top spot closely followed by team mate John McAndrew who came in 37 seconds behind.

**Events list for next coming months.....**

**17 July 2010**

Evans off road ride          Hatfield

[http://www.evanscycles.com/ride-it/hatfield-north-london-17th-18th-july-2010#enter\\_this\\_event](http://www.evanscycles.com/ride-it/hatfield-north-london-17th-18th-july-2010#enter_this_event)

**18 July 2010**

ERMBL                  Danbury outdoor centre

[http://mudsweatgears.sxevents.co.uk/dates\\_prices.php](http://mudsweatgears.sxevents.co.uk/dates_prices.php)

**15 August 2010**

ERMBL                  Codham Park

[http://mudsweatgears.sxevents.co.uk/dates\\_prices.php](http://mudsweatgears.sxevents.co.uk/dates_prices.php)

**22 August 2010**

St Ives CC MTB          Hinchingsbrooke Park

<http://www.stives-cc.co.uk/sicc/>

## DUSK2DAWN PREVIEW

**2010 D2D Team launch**

After much deliberation and arm twisting I can now announce that Team Cambridge will be entering not one team for this year's Dusk till Dawn but three. We have nine brave night riders split into three teams. The Marin D2D held this year for the first time at the High lodge visitor's centre is set to be one of the biggest mountain bike events in this area. The 12 hour event starts on the night of Saturday 3<sup>rd</sup> October and will attract 1000 riders competing in many categories.

Carrying on from last year's theme of Mud Hamstering in honour of our guest rider Andy "Hamster" Hammond, our teams have an animal flavour.

Lining up with the Hamster is Paul Millard and Steve Keogh. The next 3 man team are the Dirty Rats captained by Champagne Charlie complete with a bottle of Bolly in his bottle cage. Riding with Charlie is Jem Greer and Phil Waters. Phil is a colleague of Kevin's who found out what we were up to and wanted to have a go. He'll learn.

And finally we come to the two fluffy bunnies; Kevin Parker and Simon Bowden are going to go for a two man team. Inspired by the 5 laps each they completed last year it's only one more each. Now all there is left to do is eat as much pasta as possible from now until October. Oh, and maybe some training!

## Competition Time

Where's Jeffrey?

Entries on an email please, to  
[news@team-cambridge.co.uk](mailto:news@team-cambridge.co.uk)

First three correct answers will win a Fig Roll.



Pop Quiz (with a D2D theme)

Which of the following was a seminal 1977 album by The Stranglers?

- (a) *Oryctolagus cuniculus*
- (b) *Mesocricetus auratus*
- (c) *Rattus Norvegicus*

Anyone who still has a copy on vinyl has no need of a prize...

Well, that's about it for my first edition – it's not as easy as Dougie made it look! I hope you've enjoyed it and a big thanks to those who provided news and material for this issue (and there's even some in the pot for next time!). There's a pressing need for some photos so anyone with a digital camera please send in your snaps, of anything on two wheels.

So for next time, we'll do a bit of a ***Tour de France Special***, highlighting what was, what might have been and what should be. With Bradley dropping 53 seconds in 9k, Cav chucking it up the road and Geraint dancing over the cobbles all in the first three days, it'll be a hell of a race.

Some other features to look forward to:-

- **Tarmac Terriers' Tribune** (Race reports from Tony, Sue and anyone else)
- **Mud Munchers' Monthly** (Tour of the Cornfields coming up!)
- **Angie's Antics** (the Graduation)
- **Diary of an Office Bike** (not part 2 as advertised, as I didn't do part 1 yet.)
- **Competition** "Where's Jeffrey this time?"
- **CCT's Guide to Training**
- **Dusk 2 Dawn Team Launch** (again, until the roadies get fed up with it.)

*(Champagne) Charlie*

