

# THE SPOKESMAN

## TEAM CAMBRIDGE



[www.team-cambridge.co.uk](http://www.team-cambridge.co.uk)

November 2004 No.3

### News

All the usual suspects battled for honours in the Club's **evening series** of events which although down on numbers of riders this year did not lack in quality. Congratulations go to Alan on winning the Transmedia series and to Trevor Avis for coming top in both the handicap and the circuit series. Full results appear in this newsletter.

The Clubs **AGM** was held on Monday 8<sup>th</sup> November and as there was a very low turn out there are no changes to the committee.

Your Annual membership is due for **renewal**, so don't forget to complete and return the enclosed form. There has been no increase in cost this year.

**Congratulations go to Trevor and Megan** who on October 23rd became Mr. and Mrs Kimber. They would like to say thank you very much to everybody in the club for the wedding gift and card.

### Mountain Biking

Jeff Bushrod is keen to see Team Cambridge strengthen its mountain bike section with regular off road club rides & trips to Thetford. The aim is for these to be inclusive of all types and abilities and to race in Thetford every week in the summer and build close links with other off road groups in the area.

So if you and any of your friends are interested please contact your mountain bike secretary Jeff Bushrod. (email is best. [jeffbushi@yahoo.co.uk](mailto:jeffbushi@yahoo.co.uk))

### Forthcoming Events

Keith Jackson has kindly offered to run another evening of fun (training) using his I-Magic. This will take place on **Monday December 6<sup>th</sup>** at Keith's house (26 Girton Rd, Girton) starting at 8pm. You will need SPD's or trainers. Keith would appreciate knowing how many are likely to turn up so please let him know (telephone 01223 501643)

Keith will also be going out for winter runs on Sunday mornings leaving from his house at 7.30 – 8 am If anyone is interested in joining him please give him a call as I'm sure he would welcome company. There is parking at his house if you wish to start from Girton.

The Christmas get together at the clubroom in the Perne Road Scout Hut will be held on **Monday 13<sup>th</sup> December**. Start time will be 7.30pm. It's a good time to enjoy a chat and snacks, please bring your own alcoholic beverages, although tea and coffee are available.

Don't forget the New Year 10, which will be held on the E3/10 Bottisham course on **Sunday 9th Jan 2005**. It is only a few weeks away and, although few of us take it seriously, it is a good chance to see how fit you are keeping (or not). **Please note the change of date**, as it is not on the 1<sup>st</sup> this year.

Sue and Tony Clarke have kindly offered to host this years **Annual Dinner and Prize Presentation on Saturday 22<sup>nd</sup> January**. Full details with a reply slip to return to Sue, are enclosed with this newsletter.

<p><b>Secretary</b> : Sue Clarke 4 Gunnell Close, Milton, Cambridge, CB4 6ZB 01223 440399</p>	<p><b>Racing Secretary</b> : Paul Millard 4 Wilson Way, Milton, Cambridge, CB4 6BX 01223 511155</p>	<p><b>Webmaster</b> : Paul Millard <a href="mailto:Webmaster@team-cambridge.co.uk">Webmaster@team-cambridge.co.uk</a></p>
<p><b>Membership Secretary</b>: Charles Willmets 8 Barrowcrofts, Histon, Cambs, CB4 9EU 01223 234235</p>	<p><b>Newsletter editor</b> : Chris Willmets 8 Barrowcrofts, Histon, Cambs, CB4 9EU. Tel : 01223 234235 Email : <a href="mailto:cwillmets@yahoo.co.uk">cwillmets@yahoo.co.uk</a></p>	

## **New Club Records**

So far Paul has received notification of four new club records. On July 17<sup>th</sup> the E2/30 lived up to its potential for good times as **Steve Laurie** recorded 1hour 10minutes and 4seconds for a new vets record, while **Sue Clarke** clocked 1hour 21minutes and 23seconds for the ladies record. We (**Chris & Charlie**) also rode the same event on the tandem trike and recorded 1hour 19 minutes and 53seconds which is a new national and east anglian vets age record, although this has still to be ratified. **Alan Kidd** did a very fast 10 of 21 minutes 4 seconds in our Team Cambridge open event on 14<sup>th</sup> August. If you think you have improved on any of the club records do contact Paul.

## **Results by Tony**

### **ST IVES CC 25 N1/25C 7 August 2004**

A very hot afternoon saw many riders falling by the wayside. The car said 30C on the way there and 32C on the way home. One's result depended on the ability to cope with the heat.

The course is on the old southbound carriageway of the A1 but it was not as fast as I thought it might have been because, for some reason, the builders of the new road decided to put several intersection roundabouts on top of a hill level with the flyover.

I thought the day might be quite fast and gave it everything and I saw my pulse reaching levels I have not seen for a couple of years. At halfway I thought my watch showed I was on a good ride and then I caught Sue for 4 minutes which is another great rarity but the final time was 1-5-50 to Sue's 1-11-27

Alan Kidd was the only other club rider and he finished with 1-4-20

Andy Horner started but found the conditions too hot and packed at about 4 miles

The event was won by Garry Stevens with 55-37 for a course record. It was certainly nice to finish as the conditions were plenty hot enough for touring let alone racing.

### **Shaftesbury CC 50 E2/50b 1 August 2004**

Steve Laurie broke his own club record on a far from ideal morning. He had said he intended making this event a special target for the season a few weeks ago and he certainly succeeded in his objective by reducing his own record to 1-57-47.

The rest of us were not so inspired although there was a good entry from the club. Alan Kidd finished in 2-04-27. Sue and I were off nearly an hour later and recorded 2-18-01 and 2-14-27 respectively. The murk and mist was still hanging around, even when we started, which was unexpected after a nice Saturday. The sun finally made an appearance about 12.00, long after we had all finished.

Dave Jones recorded 2-24-49 and Stuart Lemanski made an appearance in this area again. He finished in 1-58-42 and persuaded his wife to ride too. The event was won by Ian Cammish with 1-48-22

### **Bishop's Stortford CC 10 E1/10 Saturday 18 September 2004**

A very strong wind greeted us as we arrived at the Shaftesbury CC country bungalow for signing on. It is definitely the best of the huts at Ugley and justifies their description as a country bungalow. We both realised that fast times were out of the question but were unlikely on this course anyway.

Michael Stanley was first off for the club and reached the start early!!! He finished in 31-21 and then got soaked as he rode back to the HQ, which is nearly 6 miles from the finish. Alan Kidd was next off for the club and, as usual, recorded the fastest time of 23-59. I was off next, hotly pursued by Sue, and we finished in 26-32 and 27-37 respectively. We had drizzle at the turn, which disappeared on the way back and I was just thinking that I had evaded the rain when I hit very wet roads south of Newport, then rain as well.

Ken Platts won with 22-29.

The afternoon improved considerably when we got back to the HQ and found some very nice cakes to go with the cup of tea

On receiving the result sheet for this event we found that we had won the team prize beating API Resprays in the process. The team was Alan Kidd, Sue and myself and we got £8 each for our trouble.

#### **Cambridge CC 25 E2/25B 25 September 2004**

Drizzly rain that the forecasters predicted would get worse resulted in 40 DNSs in a field of 82. The rain stopped some time before we started but it left the roads damp and greasy so I took the corners very steadily. Sue went off very early with all the other ladies and was surprised to be caught so many times until she realised that this was a local round of the Rudy Project and therefore she was being caught by some of the fastest ladies in the area. She still managed 1-12-01 despite being brought to a halt at one point. I finished in 1-08-15 and the only other club rider was Michael Stanley who joined the vast number of non-starters. Michael Hutchinson recorded an incredible 54-14. I am sure he really is on another planet.

The HQ was at Six Mile Bottom Social Club where there were a lot of people to chat to, as this is always a very sociable event; therefore it was a long time before we left the HQ.

#### **Lea Valley CC 25 E1/25B 10 October 2004**

Michael Stanley rushed into the HQ and announced that he was now up for the record number of late starts in one season. With the help of someone to pin his number on whilst he signed on he managed to get to the start and only be 1-34 late. He got a start about 3 minutes later. At least it saved him getting cold. There was a chilly wind blowing from the north-east, which made it slow on the way to the turn but only helped on some short stretches on the way back.

Michael finished with 1-22-24 including his 1-34 late start. Alan Kidd had a cold but still recorded 1-03-52. Sue and I had asked for a start near together with the result that she was 1 minute in front of me. I did catch her and finished in 1-06-40 to her 1-12-15. Unfortunately we think we missed the team prize by about 2 minutes following a quick calculation by Sue.

The event was won by Steve Hunt with 55-06. Other local riders were Ken Platts 59-29, Dave Jones 1-16-34 and Alan Sparks 1-10-57.

Michael also holds the record for bacon sandwiches having polished off 3 in the previous week's 30. This time he only had 2. They were nice and prepared us for a ride to Green Tye for a beery lunch

#### **CC Sudbury 25 B25/49a 17 October 2004**

Team Cambridge had another very successful morning! Chris and Charles propelled their tandem trike to a National Vets' age record of 1-08 46 (also collecting the East Anglian age record ) and Sue picked up fastest lady award with 1-08-48.

This was new course which went from Kentford to Westley roundabout at Bury St Edmunds and back twice, except that on the second lap one turned up the slip road at Higham and finished where the 10 does. In order that riders who had finished did not impede riders on the course, the organiser asked riders to return to the HQ by going up to Gazeley and then back to Kentford. There had been a lot of rain overnight so the roads were wet for the event and the return to the HQ made me realise why mudguards are so useful in the lanes. When I finished the race my bike was wet but by the time I got back to the HQ it was gritty and so was I. That only took 4 miles! I am sure I would end up in an absolutely revolting state after a day out.

I finished in 1-03-22, Alan Kidd did 1-00-38 and Steve Laurie managed 1-06-42 after a very recent trip to go mountaineering in Spain at 20+C.

Other local riders were Pete Baumber 1-06-43 and Derek Bailey 1-12-00 with a puncture.

I do not know the times of other local rides or the winner as Sue and I set off to Flempton to meet the CTC for lunch. Lunch was nice but there were showers all afternoon and we both got a puncture.

I think the new course has a lot of potential on a warmer day when the roads are dry.

Well done to Chris and Charles!!

#### **Club Hill Climb Beechwoods 24 October 2004**

Steve Laurie won the club hill climb after facing severe competition from me? Sue and I were timing the event and so spent our lunchtime in The Bakers Arms in Fulbourn where we had several very nice pints and a curry. Suitably fortified we progressed to the Beechwoods hill where we met Steve who had ridden another hill climb at Ely in the morning. He had a puncture so we delayed the start while he repaired it. During this time James Ward arrived, as he wanted a training ride for the following week's National Championship. I also decided I might as well ride to give Steve some competition.

Sue synchronised the watches and I set off to the bottom to hold up and set them off. Having sent Steve and James off I looked at the watch until 5 seconds to go, put it in my pocket and set off in hot pursuit on my touring bike minus saddle bag. I did not catch them and Steve was declared the winner

The times were James 1-55.68, Steve 2-33.91 and Tony 2-54.93.

Let's hope we get more support next year.

## Results of Club Series

### 2004 Transmedia Series Results

Name	21-Apr	28-Apr	05-May	19-May	26-May	02-Jun	23-Jun	30-Jun	14-Jul	21-Jul	28-Jul	11-Aug	18-Aug	25-Aug	Result
1 Alan Kidd				10	10	10	10	10	10	10	10	10	10	10	110
2 Trevor Avis		10	9		9	9	9	(8)	9	9	9	8	9	8	98
3 Tony Clarke		9	10		6	8		6	7	7	7	7	7		74
4 Sue Clarke		7	8	8	5	6		5	5	6	6	5	6		67
5 Ian Millard (Juv)		5	7	7	4	5	7	3		3		3	4	3	51
6 Simon Denney					8	7		7	8	8	8				46
7 Steve Laurie							8	9				9	5	9	40
8 Keith Jackson									6	5		6	8	7	32
9 Trevor Kimber		8		9	7									6	30
10 David Earle		6							4	4		4		5	23
11 Jeff Bushrod								4							4
12 Michael Stanley														4	4

### 2004 Handicap Series Results

Name	21-Apr	28-Apr	05-May	19-May	26-May	02-Jun	23-Jun	30-Jun	14-Jul	21-Jul	28-Jul	11-Aug	18-Aug	25-Aug	Result
1 Trevor Avis		(8)	9		10	10	10	9	10	10	10	8	9	8	103
2 Alan Kidd				7	9	9	9	8	6	7	6	10	10	10	91
3 Sue Clarke		7	7	8	6	7		4	5	8	8	5	7		72
4 Tony Clarke		5	10		5	8		6	4	5	7	7	6		63
5 Ian Millard (Juv)		9	8	9	4	5	7	3		3		3	5	4	60
6 Simon Denney					8	6		7	9	9	9				48
7 David Earle		6							7	4		10		9	36
8 Keith Jackson									8	6		6	8	7	35
9 Trevor Kimber		10		10	7									5	32
10 Steve Laurie							8	5				4	4	6	27
11 Jeff Bushrod								10							10
12 Michael Stanley														3	3

### 2004 Circuit Series Results

Name	14 Apr	12 May	9 Jun	4 Aug	Result
Trevor Avis	8	10	10	9	37
Tony Clarke	10	8	5	5	28
Alan Kidd	6		9	8	23
Ian Millard (Juv)			6	8	20
Trevor Kimber			9	7	16
Sue Clarke			7	6	13
Simon Denney				10	10
Steve Laurie		9			9
Jeff Bushrod		7			7
Keith Jackson				7	7
David Earle				4	4