

THE SPOKESMAN

TEAM CAMBRIDGE



www.team-cambridge.co.uk

February 2004 No. 1

Forthcoming Events

On **April 5th** at 7:30pm Tony and Sue will be hosting a **booze and cheese evening** to celebrate the end of circuit training though it is not restricted to those who have been going to the C.T. sessions over the winter. This is an opportunity to sit and chat over your favourite tippie so don't miss out. There will be a small charge for food and you will need to supply your own liquid refreshment. **Please let Sue know if you are coming.**
Sue Clarke, 4 Gunnell Close, Milton, Cambridge, CB4 6ZB. (01223 440399).

Club subscriptions are now overdue so a timely reminder goes out to anyone who has not yet renewed. Charlie would be delighted to receive your renewals.

News in brief

A few words of thanks go, somewhat belatedly, to Sue and Tony for hosting the **booze and cheese evening** back in November.

Thanks also go to Colette who again came up with a testing **Christmas quiz** that left some of us scratching our heads. The winner was of course Sue, who has a brilliant memory for names, faces and dates. Well done!

In January the **Club annual prize presentation and dinner** was hosted by Pauline and Doug at their home where Pauline's excellent catering skills were thoroughly appreciated by everyone. I really enjoyed my veggie curry. Thank you.

Congratulations to the winners of the various pieces of silverware and other awards - a full list of results is included in this newsletter. It is important to remember that there is a fair amount of work involved in collating results both for the presentation and also throughout the season for which thanks must go to Paul.

Also if you haven't looked at the **Team Cambridge website** recently you will not be aware that Paul has put in a lot of time redesigning the site for 2004. There are a number of new features including a notice board and some interesting photos from past events.

<p>Secretary : Sue Clarke 4 Gunnell Close, Milton, Cambridge, CB4 6ZB 01223 440399</p>	<p>Racing Secretary : Paul Millard 4 Wilson Way, Milton, Cambridge, CB4 6BX 01223 511155</p>	<p>Webmaster : Paul Millard Webmaster@team-cambridge.co.uk</p>
<p>Membership Secretary: Charles Willmets 8 Barrowcrofts, Histon, Cambs, CB4 9EU 01223 234235</p>	<p>Newsletter Editor : Chris Willmets 8 Barrowcrofts, Histon, Cambs, CB4 9EU. Tel : 01223 234235 Email : cwillmets@yahoo.co.uk</p>	

Alan's Season 2003

Having just completed a cold, wet New Year's Day 10 in 26.34 its about time to remind myself of the hot, dry summer of the 2003 season.

Last year I achieved a good deal of consistency – fast consistency as opposed to slow consistency that is! The high point must be winning an open event for the first time in the Victoria CC E1/10 series. I missed victory in the overall three race series by just one point, what a pity!

Second high point was reducing my 25 PB to 56.11 on the excellent new E2/25 course. Again I was club vets record holder for just 20 minutes as Steve then came in with 55.48! I also reduced my 50 PB to 2.01.25 but despite being up on Steve at the turn, he rode very well on the return leg to achieve 1.59.00 - another club vets record. Despite returning to the Yorkshire o10/2 course on the A1 I missed a 10 mile PB and a reduction in my club vets record by 6 seconds, recording 21.46 – a season's best.

My best locally was a 21.52 on the E2/10, one of the best 10mile courses both for speed and safety. Most of my rides in eight attempts on the E2 were in the low 22's including our own successful event on the course in June.

April saw Team Cambridge's first 25 mile open on the Barton course. As event secretary I was pleased it went well and hopefully more beer will be consumed on April 18th 2004! A near gale force wind – well very strong at least! – meant everyone struggled in 2003. I know because I was struggling to stay on Steve's wheel in the 2 up section of the event. He seems to delight in raising his game to make me suffer in these events, although we did manage a more evenly shared pace to achieve 1.00.48 on the sporting E1/25 in October.

In club events I was pleased to retain and regain some trophies, in particular the overall points shield with some consistent rides. Ten miles is my best trip, although the 25's and 50's are improving.

Next season aims are to ride faster at 10, 25 and 50 miles, win another open (or two), beat more of the local fast men (you know who they are!) in the club 10's and hopefully win the club championship for the first time. Steve has raised his performance the last two year's to retain this one, achieving an excellent 23.29 at Bottisham last year to beat me by 8 seconds. No long distances for 2004 you'll notice. I do feel obliged to have a crack one-day, but not next season.

On the national level I think certain elements have gone completely potty over the risk elements in TTs. As a result we have stupid start times on the E2/10 and the best and safest 25 course – the B25/38 – being used only once in 2004. At least the clamour to enforce the wearing of safety helmets was rejected at the CTT AGM. I have decided to wear a safety hat in 2004 – there's only one aerodynamic one on the market at the moment – but would totally defend the individuals right to choose whether to wear one or not.

Best of luck for fast times, top form and good beer in 2004.
Cheers Alan Kidd

Racing Results

It seems a bit early to be reporting on events however

A group of three hardy souls rode and a number of equally tough people supported our **annual 1st of January "10"** on the Bottisham coarse. The riders battled into a strengthening wind on the return leg but were lucky to avoid the rain, which held off until after they had finished. Those who rode home were probably unfortunate though. The times recorded reflected the conditions and probably celebrations the night before, however Alan Kidd clocked the quickest time of 26.34 followed by Steve Laurie at 28.22 and Andrew Johnson in 36.06. Thanks go to the Millard family for timekeeping while the warm drinks provided afterwards by the Parkers were very much appreciated.

Ely and District CC. Hardriders 25.5 (Feb.15th)

Once again Steve Laurie organised this event for the Ely club. The weather was reasonable for a change and although there was a niggling north westerly wind, which made the exposed stretch from Ely all the way to Welney Bank tough, it was fairly mild with the temperature about 7°C and the roads were dry with very little mud in evidence. There were 52 riders on the start sheet and most rode but unfortunately, although the Club had 4 members down to ride, for various reasons I was the only one able to start. The event was won by William Charlton (Stone Wheelers), who pushed last year's winner into second place, with a time of 58.17. How do they stay that fit? I was very unhappy with my 1.22.11(Chris)

Team Cambridge Honours 2003

<u>Name</u>	<u>Club Records</u>	<u>Dist</u>	<u>Time</u>	<u>Date</u>	<u>Course</u>
Steve Laurie	Vet Men's	25	55-48	24-5-03	E2/25
Steve Laurie	Vet Men's	50	1-59-00	3-8-03	E2/50b
Steve Laurie	Vet Men's	100	4-6-38	29-6-03	E2/100
Sue Clarke	Vet Lady's	10	24-56	12-7-03	E2/10
Sue Clarke	Vet Lady's	25	1-5-01	17-8-03	E71/25
C&C Willmets	Mixed Tandem Trike	10	24-01	24-6-03	B10/3E
C&C Willmets	Mixed Tandem Trike	25	1-6-26	29-6-03	B25/38
C&C Willmets	Mixed Tandem Trike	30	1-22-23	7-9-03	B30/8
C&C Willmets	Mixed Tandem Trike	50	2-16-57	3-8-03	E2/50B
C&N Willmets	Male / Junior Tandem	10	25-30	9-7-03	E3/10A
Alan Kidd	Vet Men's	25	56-11	24-5-03	E2/25

<u>Name</u>	<u>Club Trophy's</u>		
Sue Clarke	Ladies Middle Distance Championship	23.03 mph	Ellim's Shield
No Claim	Ladies BAR Trophy	mph	Ladies BAR Trophy
No Claim	Club BAR	mph	Team Cambridge BAR Cup
Steve Laurie		3-19-33	F.E.N. Trophy
Steve Laurie	10 Mile Championship	23.29	Team Cambridge 10 Mile Championship Cup
Alan Kidd	2 nd 10 Mile Championship	23.37	
Trevor Avis	3 rd 10 Mile Championship	26.08	
Sue Clarke	1 st Lady 10 Mile Championship	26.56	
Alan Kidd	Fastest 10 Mile TT	21.46	Cambridge HI-FI cup
Alan Kidd	25 Mile Championship	1.2.07	Rose Bowl
Trevor Avis	=2 nd 25 Mile Championship	1.8.19	
Ralph Hancock	=2 nd 25 Mile Championship	1.8.19	
Sue Clarke	1 st Lady 25 Mile Championship	1.10.10	
Alan Kidd	Hill Climb Trophy	2.42	Stuart Dingley Hill Climb Trophy
Ian Millard	Handicap 10 Mile	89 pts	Chairman's 10 Mile Handicap Cup
Simon Denney	2 nd Handicap 10 Mile	86 pts	
Steve Laurie	3 rd Handicap 10 Mile	76 pts	
Sue Clarke	1 st Lady Handicap 10 Mile	38 pts	
Ian Millard	Handicap 25 Mile	47.49	President's 25 Mile Handicap Cup
Alan Kidd	Evening 10 Mile Series	110 pts	Transmedia Evening 10 Shield
Steve Laurie	2 nd Evening 10 Mile Series	102 pts	
Trevor Avis	3 rd Evening 10 Mile Series	84 pts	
Sue Clarke	1 st Lady Evening 10 Mile Series	46 pts	
Trevor Avis	"If Only"		
No Claim	U18 BAR		Arbury Discount Motorist Shield
Steve Laurie	Men's Middle Distance Championship	25.47 mph	Millard Cup
Alan Kidd			Ron Edwards Memorial Trophy
Alan Kidd	Circuit Series	36 pts	

2004 EVENTS LIST

14 Apr	E2/7	7	18:30	Newton	Circuit
18 Apr	F14/25	25	8:15	Barton	Open
21 Apr	E3/10	10	18:45	Bottisham	
28 Apr	E3/10	10	19:00	Bottisham	
5 May	E3/10	10	19:00	Bottisham	
12 May	E3/13	14	19:00	Bottisham	Circuit
19 May	E3/10a	10	19:00	Sawston	
26 May	F14x/10	10	19:00	Barton	
2 Jun	F14x/10	10	19:00	Barton	
9 Jun	F2z/18	18	19:00	Comberton	Circuit
16 Jun	E3/25	25	19:00	Sawston	Handicap
23 Jun	E3/10a	10	19:00	Sawston	
30 Jun	E3/10a	10	19:00	Sawston	10 Championship
7 Jul	F14x/25	25	19:00	Barton	25 Championship
14 Jul	E3/10	10	19:00	Bottisham	
21 Jul	E3/10	10	19:00	Bottisham	
28 Jul	E3/10a	10	19:00	Sawston	
4 Aug	E3/11	11	19:00	Duxford	Circuit
11 Aug	E3/10	10	19:00	Bottisham	Handicap
14 Aug	E2/10	10	16:45	Six Mile Bottom	Open
18 Aug	E3/10	10	18:45	Bottisham	
25 Aug	E3/10	10	18:30	Bottisham	
24 Oct	EH/13	1	14:00	Beechwoods	Hill Climb
1 Jan 05	E3/10	10	12:00	Bottisham	New Years Day

Club Standards 2004

In order to encourage members, the Club runs a Standards Awards Scheme. Members receive a medal, either gold, silver or bronze, for achieving their Standard Time as laid out in the table below. To enter, you need to send a completed entry form to the Time Trial Secretary before the races that you wish to be taken into consideration. The entry fee is £1.50 per distance or a block entry of £7.00 for all distances in each class. Rides in any open, association or Team Cambridge club event will count. At the end of the season, you will need to send a result sheet to the Time Trial Secretary to verify your claim. Medals will be awarded at the Annual Dinner.

Mens – Solo

Class	10	25	30	50	100	12hr
Gold	22.00	58.00	1.10.00	2.00.00	4.10.00	240
Silver	24.15	1.3.30	1.16.30	2.10.00	4.35.00	220
Bronze	26.30	1.9.00	1.23.00	2.20.00	5.00.00	200

Ladies – Solo

Class	10	25	30	50	100	12hr
Gold	25.00	1.5.00	1.25.00	2.20.00	5.00.00	190
Silver	27.15	1.10.00	1.28.30	2.32.30	5.30.00	170
Bronze	29.30	1.15.00	1.32.00	2.45.00	6.00.00	150

Boy's

Girl's

Age	12-14	15-16	Age	12-14	15-16
Class	10	10	Class	10	10
Gold	30.00	26.00	Gold	35.30	30.30
Silver	35.00	30.00	Silver	40.30	35.30
Bronze	40.00	35.00	Bronze	45.30	40.30

Mens - Tandem

Class	10	25	30	50	100	12hr
Gold	0:19:48	0:52:12	1:03:00	1:48:00	3:45:00	216
Silver	0:21:49	0:57:09	1:08:51	1:57:00	4:07:30	198
Bronze	0:23:51	1:02:06	1:14:42	2:06:00	4:30:00	180

Mixed - Tandem

Class	10	25	30	50	100	12hr
Gold	0:21:09	0:55:21	1:09:45	1:57:00	4:07:30	193
Silver	0:23:11	1:00:05	1:14:15	2:07:07	4:32:15	175
Bronze	0:25:12	1:04:48	1:18:45	2:17:15	4:57:00	157

Please enter me for the following 2004 Club standards

		Solo	Tandem	
10 mile	£1.50			
25 mile	£1.50			
30 mile	£1.50			
50 mile	£1.50			
100 mile	£1.50			
12 hr	£1.50			
Block booking (all events)	£7.00			Total £

Individual entries are not transferable between distances
 Only events ridden after you have entered are acceptable.
 Rides in Open, Association and Team Cambridge Club events count.

To Time Trial Secretary: From:.....

Signed Date
 Return completed form to Paul Millard, 4 Wilson Way, Milton, Cambridge, CB4 6BX

Please enter me for the following 2004 Club standards

		Solo	Tandem	
10 mile	£1.50			
25 mile	£1.50			
30 mile	£1.50			
50 mile	£1.50			
100 mile	£1.50			
12 hr	£1.50			
Block booking (all events)	£7.00			Total £

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