

THE  
SP  KESMAN  
TEAM CAMBRIDGE



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September 2003 No. 3

The nights are drawing in all too quickly for my liking and this season is rapidly coming to an end with only a few open events remaining. Indeed the club events finished at the end of August and overall placings in the three series are listed in this newsletter. However I would like to congratulate the winners, Alan Kidd who won the Transmedia trophy and the circuit series, while Ian Millard in a close run battle with Simon Denny took the handicap series. In the championship 10 Steve Laurie took first place in a time of 23-29 on the E3/10 (Bottisham) course while Alan was fastest in the 25 mile championship with 1-02-07 on the F14/25 (Barton) course.

The original handicap 25 was postponed due to a thunderstorm which made the road conditions too unsafe. So a substitute was run over a shorter course on the E3/14a. Ian Millard proved a worthy winner with an actual time of 47-49. Well done Ian!

Whilst on the subject of results - don't forget to send in your claim form for club records and standards. A form can be found at the end in this newsletter.

**Don't miss the last event on the Team Cambridge racing calendar. The Club Hillclimb will be on the Beechwoods hill on Sunday October 19<sup>th</sup> at 2pm. Please note the change of time from that shown on the original list of events.**

With the end of the racing season comes the social season. A number of events have been organised so please make a note on your calendar of the following dates:

Circuit training will begin again at the club room in the Perne Road Scout Hut on Monday October 27<sup>th</sup> at 7.30pm.

Booze and Cheese at Tony and Sue's, (4 Gunnell Close, Milton) on Monday 17<sup>th</sup> November at 7.30pm. Bring your own booze. There will be a small charge for food. Please let Sue know if you are intending to go. (Cambridge 440399).

Virtual cycling on Monday 24<sup>th</sup> November, 7.30 pm. Keith Jackson has a TACX I Magic which allows you to cycle over a 3 mile timed circuit so come and do an indoor time trial at Keith's house (26 Girton Road, Girton). You will need to wear either SPD shoes or flat soled trainer type footwear and the set up will unfortunately not cater for short people. Please give Keith a call as he needs to know how many will want to have a go. (01223 501643).

The Christmas quiz night will be held on Monday December 15<sup>th</sup> at the club room. Start reading through the back issues of cycling if you want to give Sue some competition! Seasonal fare will be provided but please bring your own liquid refreshment.

## Results from Tony

### ECCA 10 E2/10 7 June 2003

A nice warm afternoon for this event on the A11 was marred by a brisk South Westerly wind. There was a good turn out by the club with five first claim riders entered.

Alan Kidd was first off and finished with 22-39, Steve Laurie had one of his slower afternoons but still managed a 24-13. I saw the highest pulse rate I have seen all season and held it all the way round to finish in a season's fastest with 24-31. Christine Willmets was next off for the club and finished with 28-42 and husband Charlie 26-06

Nick Jackson won his first ever open event with 21-54 - (Ideal preparation for his ride in the national championship 25 the next morning??)

Other local riders were Bill Matthews DNS, Derek Bailey 24-30, Patrick Campbell 27-20 including a 3-30 late start and Lol Berman 24-01.

Tony Hornbuckle promoted the event on behalf of ECCA and it all seemed to go very well.

### Norlond T.T. Combine 100 F1/100 6 July 2003

After Steve Laurie's splendid ride in the ECCA 100, the pressure was on me to turn in a good time. I was under no delusions of being able to get near his time but it did increase the incentive to go reasonably well.

On the way to Tempsford, Sue and I had noticed that the A1 was apparently closed southbound between there and Black Cat. So it was no surprise when we arrived to find that the organiser had typed up a new route sheet with extra stretches on the A600 round Stotfold. The start time keeper also announced on the start line that he had measured the course but was not absolutely certain where the finish would be!!

It was quite a good morning but there were so many roundabouts that a fast time was not a possibility especially with the way I am going this season. However I was quite pleased with my finishing time of 4-44-11. This gave me third handicap prize, which is the first thing I have won for 2 seasons. The prizes were very generous considering there were only 20 riders. I should think there were 2 - 3 times as many marshals as there were riders.

I was even passed by a trike towards the end although I was not so surprised when I consulted the start sheet and discovered that the rider was Ralph Dadswell.

The event was won by Ian Markham in 4-24-13

### VTTA 10 E2/10 12 July 2003

Sue achieved one of her aims for the season and managed to beat her own club record on a far from good afternoon with a time of 24-56. The weather was gloriously warm but there was a significant breeze making it slower on the way to the turn on the wide open stretches of the A11. Steve Laurie said he had not noticed it but perhaps that is a reflection of his strength as he recorded 21-59 to equal his personal best. Just one second faster would have made all the difference. He even beat Alan Kidd who managed 22-00. I was the only other club rider and finished in 24-18 which is my fastest ride of the year so far.

The event was won by Ken Platts in 20-12

### WOLSEY RC 25 B25/38 13 July 2003

Another wonderful warm morning but the wind was in the south east which made the Bury St Edmunds bypass stretch very slow on the way out and did not lend itself to fast times. The 10 on Saturday afternoon did not make for fast legs either.

I was reasonably happy with 1-05-26 for my first non SPOCO 25 of the year ( I don't know what has happened to this year, it seems to be disappearing ) Sue was trying for a record again but the conditions were not right but she still did 1-07-01. Steve Laurie and Alan Kidd were

evenly matched as usual with 59-28 and 59-11 respectively. There were no other club riders and we left before the winner was announced.

Sue does not normally race on Sunday because it interferes with the touring ride afterwards but the absence of Saturday afternoon 25's this year meant she had to give it a try. We sat around for a while and then progressed in a north easterly direction to the south of Thetford before turning south to our destination of The Six Bells at Gislingham. Lunch was as good as it always is and we then headed back towards Risby fairly directly. Fortunately the wind had been getting stronger all day and also moving more into the east so we had quite a bit of assistance. We were just climbing the last hill into Risby when Sue suggested a little ride down to the church and back as this would mean she had done a 100 miles. She has done a lot of long rides but only a few 100+ mile rides so she was very pleased especially with a race at the beginning. Needless to say she quickly dropped off to sleep on the way home.

### **Shaftesbury CC 50 E2/50B 3 August 2003**

Steve Laurie achieved a splendid beating of his own club record on what looked like a good day but what was, in fact, quite a cold and misty morning at the time he faced the time keeper. Saturday had been very nice and warm and still but at 06.00 on Sunday there was quite a lot of chilly mist around and the temperature was only 12°C. Steve was quite determined to get the record and blasted off at a high rate of knots. The mist reduced visibility to a couple of hundred yards at times but at other times there was very good visibility. I even thought about packing a couple of times but was glad I did not when I saw the result board as it had definitely been a good morning.

Steve was rather worried about how long he would keep the record as Alan Kidd had been off over an hour later and was 30 seconds up at the turn. However Steve is always better at the longer events and so it proved as he beat Alan by nearly 21/2 minutes. Steve did 1-59-00 to Alan's 2-01-25.

Sue did another good 50 with 2-16-34 and I did one of the fastest rides I have done with 2-10-53.

Chris and Charles propelled their tandem trike round in 2-16-57 which sounds fast to me. I am sure they will tell us whether this is also a record.

Other local riders were Chris Brooking 1-49-26, Derek Bailey 2-11-01 and Dave Jones who got a personal best with 2-22-33

The event was won by Zak Carr in 1-42-21 which is a fastest for him in the last 3 years

### **Bedfordshire Road CC 25 F1B/25 10 August 2003**

Sue and I were the only Team Cambridge riders in this event, which was a shame as it was a good morning. The sun was shining, there was no wind and it was quite warm. It was just a shame that the course is not very fast.

However, Sue managed to equal her fastest ever ride of last year with 1-05-42 and I finished with my fastest ride of this year 1-03-18. Sue spent some time deciding where she could have gained a second but concluded that there were many of them which is quite normal when one has done a fast ride. It could always have been a little bit faster.

The event was won by Mark Simmons in 52-50 which was about 2 minutes faster than anyone else in the field

The only local rider was Dave Jones who recorded 1-07-47. He has improved a lot this year. It just shows the benefits of retiring.

The day was really warming up by the time we set off for a ride and the news when we got home was that it had been the hottest day ever in this country. It did not seem that hot but maybe we were not in the hottest part. We went for a drink at the garden centre in Milton



### 2003 Handicap Series Final Result

Name	23 Apr	30 Apr	7 May	21 May	28 May	18 Jun	25 Jun	2 Jul	9 Jul	30 Jul	6 Aug	13 Aug	20 Aug	27 Aug	Result
1 Ian Millard (Juv)	(1)	10	10	10	7	6	(1)	6	10	10	4		10	6	89
2 Simon Denney			3	9	10	9	9	10	9	9	9	9			86
3 Steve Laurie	6	6	7	6	(1)	8	5		8	7	8	10	5		76
4 Alan Kidd	7	7	6	8	(3)	5	(4)	7	6	5	6		7	5	69
5 Trevor Avis	(3)	3	4	5	(2)	4	3	8	2		10	8	9	8	64
6 Keith Jackson	10	9	9		8	10	8							10	64
7 Tony Clarke	5	5	2		(1)	2		9	3	8	7	7	8	7	63
8 Trevor Kimber	9	8	8		5	7	6								43
9 Sue Clarke	4	4	1		1	3			4	6	5		6	4	38
10 Charles Willmets	8		5	7	6										26
11 Martin Carter			1		9		10								20
12 Ralph Hancock			1		4		7		7						19
13 Peter Woor					1				5					9	15
14 Christine Willmets	2														2
15 Jeff Bushrod		2													2
16 Angus Mackenzie							2								2
17 Clare Allen	1														1
18 Adam Willmets (Juv)			1												1
19 Derek Kemp							1								1

### 2003 Circuit Series - Final Result

Name	16-Apr	14-May	4-Jun	23-Jul	Result
Alan Kidd	10	10	9	7	36
Trevor Avis	2	9	10		21
Tony Clarke	1	7	7	4	19
Steve Laurie	6	5		8	19
Sue Clarke	3		8	6	17
Ian Millard (Juv)	5			10	15
Keith Jackson		8	6		14
Trevor Kimber	1	6	5		12
Jonathan Heffernan	9				9
Simon Denney				9	9
John Manlow	8				8
Charles Willmets	7				7
Jeff Bushrod	1		4		5
Clare Allen	4				4

### Club Standards Times 2003

#### Solo

							Boys 12-14	Boys 15-16	
Mens	Class	10	25	30	50	100	12hr	10	10
	Gold	22.00	58.00	1.10.00	2.00.00	4.10.00	240	30.00	26.00
	Silver	24.15	1.3.30	1.16.30	2.10.00	4.35.00	220	35.00	30.00
	Bronze	26.30	1.9.00	1.23.00	2.20.00	5.00.00	200	40.00	35.00

							Girls 12-14	Girls 15-16	
Ladies	Class	10	25	30	50	100	12hr	10	10
	Gold	25.00	1.5.00	1.25.00	2.20.00	5.00.00	190	35.30	30.30
	Silver	27.15	1.10.00	1.28.30	2.32.30	5.30.00	170	40.30	35.30
	Bronze	29.30	1.15.00	1.32.00	2.45.00	6.00.00	150	45.30	40.30

#### Tandem

Mens	Class	10	25	30	50	100	12hr
	Gold	0.19.48	0.52.12	1.03.00	1.48.00	3.45.00	216
	Silver	0.21.49	0.57.09	1.08.51	1.57.00	4.07.30	198
	Bronze	0.23.51	1.02.06	1.14.42	2.06.00	4.30.00	180

Mixed	Class	10	25	30	50	100	12hr
	Gold	0.21.09	0.55.21	1.09.45	1.57.00	4.07.30	193
	Silver	0.23.11	1.00.05	1.14.15	2.07.07	4.32.15	175
	Bronze	0.25.12	1.04.48	1.18.45	2.17.15	4.57.00	157

#### Trikes

Men	Class	10	25	30	50	100	12hr
	Gold	0.24.12	1.03.48	1.17.00	2.12.00	4.35.00	264
	Silver	0.26.41	1.09.51	1.24.09	2.23.00	5.02.30	242
	Bronze	0.29.09	1.15.54	1.31.18	2.34.00	5.30.00	220

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