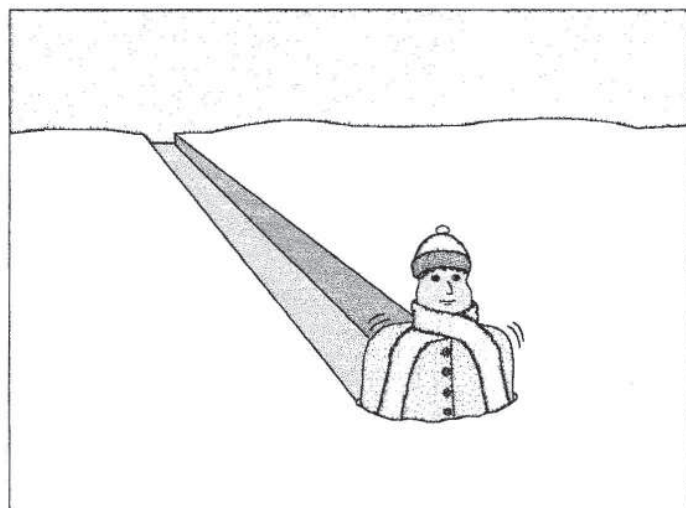


THE SPOKESMAN TEAM CAMBRIDGE

January 1996

Merry Christmas and a Happy New Year



I can't see any problem with the conditions. I'll soon finish the course when I find my bike again.

Due to the very cold and icy conditions the club decided that it was not safe to run the New Years Day '10'. I went across to Bottisham just in case anyone was mad/silly/keen enough to turn up. After last years poor turnout for the New Year Day '10', I was not expecting anybody out there. To my surprise there were more Team Cambridge people than we have had for some of the evening 10's last year.

Remember Monday 13th of January - Mick Walsh is showing a video on Structured Turbo Training at the end of the Club evening. If this cold spell continues then we will all be needing to use the turbo trainers more often.

You will find enclosed with this newsletter a Membership renewal form. Please would you return it as soon as possible as they are very late in coming out this year.

TEAM CAMBRIDGE



Affiliated to BCF RTTC BCCA CCA

Team Cambridge 1997 Race Events

	<u>Date</u>	<u>Dist</u>	<u>Course</u>	<u>Time</u>	<u>Comments</u>
January 97	Wed 1 st	10	E3/10	10:30	Bottisham NYD
April	Wed 16 th	10	E3/10	18:30	Bottisham
	Wed 23 rd	10	E3/10	18:30	Bottisham 2 up
	Wed 30 th	10	E2/10	18:45	Sawston
May	Wed 7 th	10	F14X/10	18:45	Barton
	Wed 14 th	10	F14X/10	19:00	Barton
	Wed 21 st	10	F2/10	19:00	Landbeach
	Wed 29 th	25	E2/25	18:45	Sawston
June	Wed 4 th	10	F2/10	19:00	Landbeach
	Wed 11 th	10	F2/10	19:00	Landbeach
	Wed 18 th	10	F14X/10	19:00	Barton
	Sat 21 st	10	F2/10	14:00	Open Landbeach
	Wed 25 th	10	E2/10	19:00	Sawston
July	Wed 2 nd	25	E2/25	19:00	Sawston 25m Championship
	Wed 9 th	18	F2Z/18	19:00	Comberton circuit
	Wed 16 th	10	E3/10	19:00	Bottisham 10m Championship
	Wed 23 rd	10	E3/10	19:00	Bottisham
	Wed 30 th	25	E2/25	19:00	Sawston Handicap
August	Wed 6 th	10	F14X/10	19:00	Barton Handicap
	Wed 13 th	10	E3/10	18:45	Bottisham
	Wed 20 th	10	E3/10	18:30	Bottisham
October	Sun 12 th	Hillclimb	FHC/4	14:30	Barrington
January 98	Thur 1 st	10	E3/10	10:30	Bottisham NYD

Team Cambridge - Membership Renewal 1997

First Name _____ Surname _____

Address _____

Post Code _____ Telephone No. _____

Date of Birth (if under 18) _____

(please note a Parental consent form to be filled in if under 18)

Membership	First	Second	Associate
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If second claim please state First Claim Club _____

1997 Club Subscription Rates

	Under 18	18 and over
1st Claim	£5	£10
2nd Claim	£5	£5
Associate	£1	£1
1997 Handbooks	Qty	
RTTC @ £3.50		
BCF @ £4.50		

Membership and Handbooks £ _____ (Payable to Team Cambridge)

I agree to abide by the Team Cambridge cycling club Rules.

Signed _____ Date _____

BCF Membership Prices 1997

	BCF Membership	BCF Racing Licence
Juvenile (12-16)	£12	Free
Juniors (16-18)	£17	£7.50
Seniors (18+)	£21	£15
Family	£17	

BCF Subscription £ _____ (Payable to British Cycling Federation)

Please return forms to : Membership secretary -
Steve Laurie 47 Dunmowe Way, Fulbourne, Cambridge CB1 5HW